

Food and Livelihoods for People Living with HIV/AIDS in Kenya



Project Summary

This project will help 17,000 women, men, orphans and vulnerable children affected by HIV/AIDS in the Matayos, Samia, Matunga and Nambale districts in Kenya. It will increase food and livelihoods security, health information, reduce discrimination and rights abuses leading to improved health and greater inclusion.

Needs Assessment

People living with HIV/AIDS orphans and vulnerable children infected and affected by HIV/AIDS are living in poverty due to food and livelihoods insecurity. Discrimination, neglect and abuse are rife. Many are isolated, fearful to disclose their HIV status, or ostracised if their status is known. Exclusion from community life is resulting in inability to work, reduced nutrition, poor health and an increase in opportunistic infections.

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Project Aims

- ⇒ Develop year-round food security, improve diet to improve health and reduce need for anti-retroviral drugs
- ⇒ Establish or upgrade enterprises, (increasing income by at least 20%,)
- ⇒ Encourage economic empowerment, particularly among women.
- ⇒ Reduce vulnerability to abuse by Increasing rights awareness and ability to assert rights.
- ⇒ Reduce discrimination and create greater inclusion within the community and for decision making.

Project Activities

The project will identify people living with HIV/AIDS including orphaned and vulnerable child households and peer groups will be formed to facilitate the delivery of project interventions. Activities will address gaps in services and information on health, nutrition, food, livelihoods and income security. Community leaders will be trained to train others who will give advice and support on horticulture, improved farming techniques, poultry and bee-keeping, to include business counselling, planning, management and marketing advice. In addition, the project will raise awareness of discrimination faced by people living with HIV/AIDS, women and children and the prevalence of abuse, providing advice on how to prevent and address violations. This will include community and school outreach programmes, youth and child rights clubs.

Project Outcomes

- ⇒ 17,000 women, men, orphans and vulnerable children will have increased food and livelihoods security, less discrimination and rights abuse.
- ⇒ 5,740 People Living with HIV/AIDS and 11,250 orphan or vulnerable children will have food security and balanced nutrition that will reduce opportunistic infections and delay the need for ARVs and onset of AIDS.
- ⇒ 5,100 people living with HIV/AIDS will establish or upgrade enterprises, 60% of which deliver an increased annual income of at least 20%.
- ⇒ 34,440 household members will achieve an increased income that will result in improved school attendance and performance, household improvements, and access to medical services.

Evaluation

APT has an excellent track record of project monitoring and evaluation. We conduct regular field visits, mid-term reviews and an independent external evaluation where progress is monitored against objectives with qualitative and quantitative data. Financial management includes quarterly reviews with funds released in stages and financial returns from overseas partners checked by our fully qualified accountant.

Partners

Our partners are key to success, and are experienced with local communities. This project is being implemented by Rural Education and Economic Enhancement Programme (REEP), Lukaris Girl Child and Rehabilitation Centre, Tumaini Support Self Help Group and Twaweza Samia Orphans and Vulnerable Organisation. The Big Lottery are our main funder with an additional sum from GPAF but £14,091 is still needed as 'matching' funds.

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